

## Fact Sheet

### **HEAD OFFICE**

Jl. Bypass Ngurah Rai 101, Sanur - Bali

### **RESORT ADDRESS**

Kumara Sakti

Jl. Suweta, Banjar Sambahan, Ubud - Bali

### **RESERVATION**

tel: +62 31 289 752

email: reservation@oneworldretreats.com

### **PUBLIC RELATIONS CONTACT**

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### **GENERAL DESCRIPTION**

Since 2003, ONEWORLD retreats has been offering retreats every week. Most of these yoga, meditation, spa and deeper experiences retreats are held in Kumara Sakti resort in Ubud, Bali. Besides retreats, ONEWORLD retreats also offers discovery journeys and spa experiences.

### **LOCATION**

Kumara Sakti resort is located in the peaceful hills of Ubud, bordered by a small creek to the west and surrounded by jungle and rice fields. Only 1.4 km from the heart of Ubud in Bali, a renown place for its cultural aliveness and art scene. Shuttle service to the center of town is available for free.

### **ACCOMODATION**

ONEWORLD retreats is by definition a retreat centre and only a few rooms are allocated for guests that are not participating in the retreats. The minimum age for guests is 14 years. Healthy, organic meals are provided, prepared by our well trained chefs. All dietary requirements are catered for.

There are 14 Deluxe rooms, all appointed with

- Air conditioner and ceiling fan
- IDD telephone
- Shower
- Hair dryer
- Ironing facilities (on request)
- Safe
- Free drinking water
- Shower gel, shampoo, hair conditioner
- Private terrace/balcony with dining table overlooking the rice terrace or the garden

Facilities and Services:

- Kumara's Spa offering top quality treatments including Ayurveda massages
- Two swimming pools
- Dining room
- Lounge for relaxing, overlooking the jungle and the pool
- Yoga/Event pavilion (125 sq. meters)
- Computer that can be used by guests
- Limited Wi-Fi in dining room area only
- Shop offering yoga clothes, mats, bags and a selection of souvenir items
- Complimentary tea, coffee, fresh fruit and cookies in the dining room available at all times
- Laundry and pressing service
- Complimentary shuttle service to Ubud Market
- Room service
- Tour information

### **SPA**

ONEWORLD retreats Kumara has an in-house spa offering high quality treatments including our renown Ayurvedic massages which are performed only by specially trained therapists with a deep spiritual sense.

The spa treatments offered are among others Relaxing massage, Balinese massage, Deep tissue massage, Ayurvedic massage - Chakra Dhara, Ayurvedic Shirodara, Ayurvedic crown massage, Ayurvedic Abhyanga massage, Exfoliation and bath, facial, manicure, pedicure, hand spa, hair cream bath, etc.